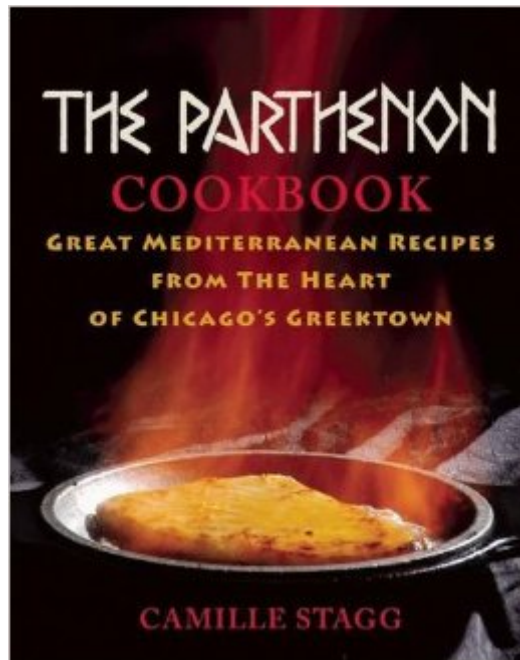


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# The Parthenon Cookbook: Great Mediterranean Recipes From The Heart Of Chicago's Greektown



## Synopsis

This collection of terrific Greek recipes, from old favorites to unique house specialties, is also a tribute to the oldest restaurant in Chicago's fabled Greektown, a landmark innovator of legendary dishes like saganaki and the first gyros in Chicago. Filled with colorful history and lush photographs, the book features 40 of the restaurant's most popular recipes from all courses, appetizers to desserts. They include Feta a la Soto, Marathon Salad with Shrimp, Moussaka, Sokolatina, and more. In addition, Greek wine pairings are included as well as full Greek dinner menus with tips for entertaining.

## Book Information

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## Customer Reviews

No, I'm not from Chicago, but I visited there frequently over the years, and a visit to Chicago wasn't complete without at least one visit to The Parthenon restaurant. I still remember my first saganaki there in 1973 ... Heaven! The cookbook doesn't disappoint. Saganaki is there -- that wonderful lightly-fried cheese served with a squeeze of lemon (in the restaurant, it's also flambéed with a little brandy). There aren't a huge number of recipes here, but there are more than enough to put together a lot of dinner parties. Among my favorites: Pastitsio (my favorite recipe for this, bar none), Keftedes (meatballs made with ground lamb and beef), Chicken Spanaki (chicken breasts stuffed with spinach and feta cheese), and Galaktoboureko (a dessert of thick custard nestled between crispy phyllo leaves, flavored with vanilla, honey, and orange). Even if you've never visited the Chicago restaurant, you'll find plenty here to like. Most recipes call for ingredients that you should be able to find in a good supermarket. You might need to find a specialty shop for a few of the

ingredients, most notably some of the cheeses.

Being a patron of the Parthenon restaurant since the mid 1970s, I can honestly say that this book provides a very accurate and authentic set of recipes that are adapted for the home kitchen. I haven't found a bad dish in the entire book....highly recommended for fans of Greek cuisine.

There are very few recipes, it's mostly history of the restaurant. I deleted it after looking at it. I like cookbooks and found this one disappointing!

For free you can't go wrong. There are some basic Greek favorites and a few I had not heard of before. Formatting for the ebook is not perfect but it's still free, so no real complaints here. The only real omission is gyros, but there's a great recipe for tzatsiki. Overall a nice little cookbook to have when I'm out shopping for dinner

Grabbed as a kindle freebie. I really liked the history and story behind the restaurant before they shared some of their recipes. I'm a sucker for a mom and pop shop and this one has garnered great acclaim! Can't wait to try out the recipes myself. They sound delicious!

I have read through the cookbook, it may seem strange; but this cookbook gives history as well as, how-to in cooking the various recipes. I like the book as it gives "color" and depth of history for why a recipe was done and how it was received by people at the restaurant. The recipes are varied and have an authentic sound to them. Adaptations done by the restaurateurs allow individuals who eat vegetarian to also enjoy several recipes.

Not what I thought it would be, not a lot of recipes. It's really more of a bio of the family.

I'm Greek myself but I live in NY. We have our own Greek restaurants here. The beginning was very interesting to read! It's about the history of the Parthenon with great pictures from the 70's! The recipes sound amazing. There are full color pictures of the dishes that made me drool. I'm a pescetarian so I wouldn't try the meat recipes but the veggies and the seafood sound so delicious.

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