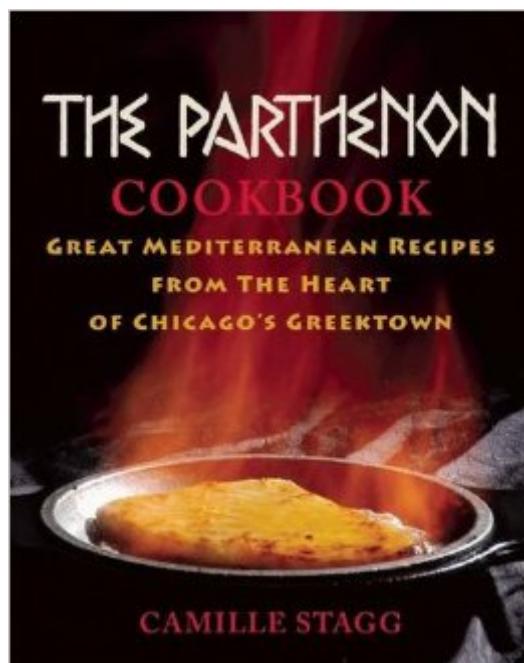


The book was found

# The Parthenon Cookbook: Great Mediterranean Recipes From The Heart Of Chicago's Greektown



## Synopsis

This collection of terrific Greek recipes, from old favorites to unique house specialties, is also a tribute to the oldest restaurant in Chicago's fabled Greektown, a landmark innovator of legendary dishes like saganaki and the first gyros in Chicago. Filled with colorful history and lush photographs, the book features 40 of the restaurant's most popular recipes from all courses, appetizers to desserts. They include Feta a la Soto, Marathon Salad with Shrimp, Moussaka, Sokolatina, and more. In addition, Greek wine pairings are included as well as full Greek dinner menus with tips for entertaining.

## Book Information

Hardcover: 120 pages

Publisher: Agate Surrey; 1St Edition edition (July 28, 2008)

Language: English

ISBN-10: 157284096X

ISBN-13: 978-1572840966

Product Dimensions: 9.6 x 7.6 x 0.6 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (49 customer reviews)

Best Sellers Rank: #328,151 in Books (See Top 100 in Books) #35 in Books > Cookbooks, Food & Wine > Regional & International > European > Greek #177 in Books > Cookbooks, Food & Wine > Regional & International > European > Mediterranean

## Customer Reviews

No, I'm not from Chicago, but I visited there frequently over the years, and a visit to Chicago wasn't complete without at least one visit to The Parthenon restaurant. I still remember my first saganaki there in 1973 ... Heaven! The cookbook doesn't disappoint. Saganaki is there -- that wonderful lightly-fried cheese served with a squeeze of lemon (in the restaurant, it's also flambéed with a little brandy). There aren't a huge number of recipes here, but there are more than enough to put together a lot of dinner parties. Among my favorites: Pastitsio (my favorite recipe for this, bar none), Koftedes (meatballs made with ground lamb and beef), Chicken Spanaki (chicken breasts stuffed with spinach and feta cheese), and Galaktoboureko (a dessert of thick custard nestled between crispy phyllo leaves, flavored with vanilla, honey, and orange). Even if you've never visited the Chicago restaurant, you'll find plenty here to like. Most recipes call for ingredients that you should be able to find in a good supermarket. You might need to find a specialty shop for a few of the

ingredients, most notably some of the cheeses.

Being a patron of the Parthenon restaurant since the mid 1970s, I can honestly say that this book provides a very accurate and authentic set of recipes that are adapted for the home kitchen. I haven't found a bad dish in the entire book....highly recommended for fans of Greek cuisine.

There are very few recipes, it's mostly history of the restaurant. I deleted it after looking at it. I like cookbooks and found this one disappointing!

For free you can't go wrong. There are some basic Greek favorites and a few I had not heard of before. Formatting for the ebook is not perfect but it's still free, so no real complaints here. The only real omission is gyros, but there's a great recipe for tzatziki. Overall a nice little cookbook to have when I'm out shopping for dinner

Grabbed as a kindle freebie. I really liked the history and story behind the restaurant before they shared some of their recipes. I'm a sucker for a mom and pop shop and this one has garnered great acclaim! Can't wait to try out the recipes myself. They sound delicious!

I have read through the cookbook, it may seem strange; but this cookbook gives history as well as, how-to in cooking the various recipes. I like the book as it gives "color" and depth of history for why a recipe was done and how it was received by people at the restaurant. The recipes are varied and have an authentic sound to them. Adaptations done by the restaurateurs allow individuals who eat vegetarian to also enjoy several recipes.

Not what I thought it would be, not a lot of recipes. It's really more of a bio of the family.

I'm Greek myself but I live in NY. We have our own Greek restaurants here. The beginning was very interesting to read! It's about the history of the Parthenon with great pictures from the 70's! The recipes sound amazing. There are full color pictures of the dishes that made me drool. I'm a pescetarian so I wouldn't try the meat recipes but the veggies and the seafood sound so delicious.

[Download to continue reading...](#)

The Parthenon Cookbook: Great Mediterranean Recipes from the Heart of Chicago's Greektown  
Mediterranean Diet: 150 Recipes to Lose Weight, Get Healthy and Feel Great (Mediterranean Diet,

Mediterranean Diet For Beginners, Mediterranean Diet Cookbook, Mediterranean Diet Recipes) Mediterranean Diet: 30 MINUTE Mediterranean Diet Cookbook with 80 Mediterranean Diet Recipes to Help You Lose Weight, Increase Energy & Prevent Disease ... (Mediterranean Diet & Cookbook Series 2) Top 200 Mediterranean Diet Recipes Bundle: (Mediterranean Cookbook, Mediterranean Diet, Weight Loss, Healthy Recipes, Mediterranean Slow Cooking, Breakfast, Lunch, Snacks and Dinner) Mediterranean Diet: 365 Days of Easy, Delicious, and Healthy Mediterranean Diet Recipes (Mediterranean Diet Cookbook, Mediterranean Diet for Weight Loss) Mediterranean: Slow Cooker: Paleo: Crockpot: Box Set: The Ultimate Recipes Cookbook Box Set(30+ Free Books Included!) (Mediterranean Diet, Mediterranean ... Beginners Guide, Mediterranean, Cooking) Mediterranean Diet: The 4 weeks Challenge (Mediterranean Diet Cookbook, Mediterranean Diet for Beginners, Mediterranean Diet Meal Plan) Mediterranean Diet: Revealed! 65 Delicious Mediterranean Diet Cookbook Recipes Sure To Delight and Amaze All While Losing Inches (mediterranean cookbook, ... weight loss motivation, weight loss tips 1) Mediterranean Diet: The Mediterranean Diet for Beginners: 110 Delicious Recipes and The Complete Guide to Going Mediterranean Mediterranean Diet for Weight Loss: Eat Like a Spartan: Leverage Mediterranean Diet To Achieve Spartan-Like Health, Lose Weight, Get Fit, All While Eating ... (Mediterranean diet, Mediterranean recipes) Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Mediterranean Diet: Mediterranean Diet For Diabetes-A Beginners Guide On Weight Loss While Lowering Your Blood Sugar To Reverse Type 2 Diabetes(Mediterranean ... blood sugar diet, the blood sugar solution,) The Mediterranean Slow Cooker Cookbook: A Mediterranean Cookbook with 101 Easy Slow Cooker Recipes Mediterranean Diet For Beginners: Fast and Easy Mediterranean Diet Cookbook and Home Recipes for Weight Loss - PICTURES INCLUDED (Meal Plan, Healthy Eating, Weight Loss Recipes, Healthy Weight Loss) Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) Healthy Recipes: 2 Manuscripts- Instant Pot Cookbook And Mediterranean diet (Instant Pot, pressure cooker, Mediterranean diet) Mediterranean Diet: The Beginners Guide to Authentic Mediterranean CuisineÂ© (Over 100+ Recipes & 1 FULL Month Meal Plan for Healthy Weight Loss, Cookbook Guide) 5 Ingredient Cookbook: Fast and Easy Recipes With 5 or Less Ingredients Inspired by The Mediterranean Diet (Free Gift): Everyday Cooking for Busy People on a Budget (Mediterranean Diet for Beginners) Mediterranean the Beautiful Cookbook: Authentic Recipes from the Mediterranean Lands Quick and Easy Mediterranean Diet Cookbook: 76 Mediterranean Diet Recipes Made in

Minutes

[Dmca](#)